

Summarization of the Rules for the Veteran Championships

INDIVIDUAL EVENTS

- Pattern (Tul)

Man - 1st Degree - Age 40 – 50

Man - 2nd Degree - Age 40 - 50

Man - 3rd Degree - Age 40 - 50

Man - 4th Degree - Age 40 – 50

Man - 5th Degree - Age 40 – 50

Man - 6th Degree - Age 40 - 50

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Man - 1st Degree - Age 51 +

Man - 2nd Degree - Age 51 +

Man - 3rd Degree - Age 51 +

Man - 4th Degree - Age 51 +

Man - 5th Degree - Age 51 +

Man - 6th Degree - Age 51 +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Woman - 1st Degree - Age 40 - 50

Woman - 2nd Degree - Age 40 - 50

Woman - 3rd Degree - Age 40 - 50

Woman - 4th Degree - Age 40 – 50

Woman - 5th Degree - Age 40 – 50

Woman - 6th Degree - Age 40 - 50

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Woman - 1st Degree - Age 51 +

Woman - 2nd Degree - Age 51 +

Woman - 3rd Degree - Age 51 +

Woman - 4th Degree - Age 51 +

Woman - 5th Degree - Age 51 +

Woman - 6th Degree - Age 51 +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

- Sparring (Matsogi)

- The bout will be 2 rounds of 1.5 minutes with 1 minute break between the rounds.

Man - Age 40 - 50 Micro; up to 64 Kg
Man - Age 40 - 50 Light; 64.1 - 73 Kg
Man - Age 40 - 50 Middle; 73.1 - 80 Kg
Man - Age 40 - 50 Heavy; 80.1 - 90 Kg
Man - Age 40 - 50 Hyper; 90.1 Kg +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Man - Age 51+ Micro; up to 64 Kg
Man - Age 51+ Light; 64.1 - 73 Kg
Man - Age 51+ Middle; 73.1 - 80 Kg
Man - Age 51+ Heavy; 80.1 - 90 Kg
Man - Age 51+ Hyper; 90.1 Kg +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Woman - Age 40 - 50 Micro; up to 54 Kg
Woman - Age 40 - 50 Light; 54.1 - 61 Kg
Woman - Age 40 - 50 Middle; 61.1 - 68 Kg
Woman - Age 40 - 50 Heavy; 68.1 - 75 Kg
Woman - Age 40 - 50 Hyper; 75.1 Kg +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Woman - Age 51+ Micro; up to 54 Kg
Woman - Age 51+ Light; 54.1 - 61 Kg
Woman - Age 51+ Middle; 61.1 - 68 Kg
Woman - Age 51+ Heavy; 68.1 - 75 Kg
Woman - Age 51+ Hyper; 75.1 Kg +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

- Power Breaking

Man – Age 40+

1 Gold, 1 Silver and 1 Bronze Medals for each division.

Woman – Age 40+

1 Gold, 1 Silver and 1 Bronze Medals for each division.

TEAM EVENTS

- Pattern (Tul)

- Optional; Kwang Gae to Gye Baek, Designated; Chon Ji to Gye Baek

Men - Age 40 +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Women - Age 40 +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

- Sparring (Matsogi)

- The bout will be 1 round of 2 minutes.

Men - Age 40 +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Women - Age 40 +

1 Gold, 1 Silver and 2 Bronze Medals for each division.

TEAM SELF DEFENCE ROUTINE

- The duration should be from 45 seconds to 1 minute.

Men - Age 40 + (1 Man vs 3 Men)

1 Gold, 1 Silver and 2 Bronze Medals for each division.

Women - Age 40 + (1 Woman vs 2 Men)

1 Gold, 1 Silver and 2 Bronze Medals for each division.

*** The pyramid system will be applied to all the events.**