

Proposed
TOURNAMENT RULES
INTERNATIONAL TAEKWON-DO FEDERATION
(DRAFT)

Proposed by the Korean Taekwon-Do Committee
Based on the Agreement with ITF Senior Technical Officials

June 30, 2005

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SECTION 1-GENERAL

Article 1. Definition

Taekwon-Do competition is the course for comparing the techniques as taught by Taekwon-Do founder, Gen. Choi Hong Hi.

Article 2. Purpose

The purpose of the competition is to ensure the uniformity of techniques, to elevate Competition standards to high level in all Championships organized/encouraged by ITF.

Article 3. Application

The Tournament Rules shall apply in all the Competitions organized/encouraged by ITF, be they Continental, Regional and National.

Article 4. Modifications and Changes

- 4.1 Those who wish to modify or change any part of the Tournament Rules should forward their written proposals of modification or changes of relevant Tournament Rules to the ITF HQ at least 6 months before the ITF Congress.
- 4.2 ITF Executive Committee will study the proposed modification or changes. If they find them to be reasonable, they will propose them to the ITF Congress for approval.
- 4.3 Until any modification or changes the Tournament Rules have been decided, all Competitions shall be conducted according to the original ITF Tournament Rules.

SECTION 2 TOURNAMENT ORGANIZING COMMITTEE

Article 5.

Tournament Organizing Committee should be formed in the Championship-hosting country for the successful Championship at least 12 months before the Championship.

Article 6.

The T.O.C. shall be formed with the necessary numbers of officials in conformity with the actual situation of hosting country.

Article 7 Authority and Duties of T.O.C.

- 7.1 The T.O.C. shall send their draft invitation and information for the Championship to the ITF HQ for its approval at least 12 months before the Championship and distribute to all ITF NGBs/teams.

- 7.2 The T.O.C. shall arrange for all facilities, equipments and manpower necessary for the Championship.
- 7.3 The T.O.C. are responsible for the arrangement of medals and other awards.
- 7.4 The T.O.C. shall receive and register the teams and individual competitors invited to the Championship.
- 7.5 The T.O.C. shall hold draws and weighing-ins according to the respective mode of competition.
- 7.6 The T.O.C. shall bring together to- date tournament results and draw up the competition tables for next day to distribute to each participating team before the Competition starts every day.
- 7.7 The T.O.C. shall provide 3 figured number patches (20x15 cm) to all participants.
- 7.8 Doctors or medical officers must be in attendance throughout Competitions.
- 7.9 The T.O.C. must ensure the security of all participants.
- 7.10 The T.O.C. shall be responsible for the board and accommodation of the ITF VIPs and Umpires during the Championship.
- 7.11 The T.O.C. shall transact all issues arising from the Championship in cooperation with the ITF Tournament Committee and Umpire Committee.
- 7.12 The T.O.C. will be responsible for the organization and conduct of the Championship toward the ITF.

SECTION 3 APPLICATION

Article 8

All ITF-affiliated members wishing to participate in the Championship shall submit their entry forms and to the Organizing Committee by the set deadline.

Article 9

The competitors' entry forms must be signed by the authorized officials of their NGBs/teams.

Article 10

As for Any NGB that has not submitted its entry forms for their participants or wishing to alter or change their entry forms, TOC may discuss their participation according to the following conditions;

10.1 The NGB that has not submitted its entry form by the deadline should pay their penalty of 300 USD to the T.O.C.

10.2 Any NGB that has not submitted its entry forms at all until 3 days before the Championship shall pay their penalty of 500 USD to the T.O.C.

10.3 Any NGB wishing to make any changes in their entry forms for their valid reason, shall pay a penalty of 150 USD to the T. O.C.

SECTION 4 QUALIFICATION

Article 11

The Competitors participating in the Championship must be ITF affiliated members and specified in the entry forms submitted by their Association/team.

The competitors not specified in their entry forms are not entitled to participate in the competition.

Article 12

Competitors participating in World or Continental or Regional Junior Taekwon-Do Championship must be 14 –17 years old on the starting day of the Championship and must be 1st, 2nd, or 3rd degree ITF black belt certificate holders.

Article 13

Competitors participating in the World or Continental or Regional Adult Taekwon-Do Championship must be 18- 39 years old on the starting day of the Championship and must be 1st, 2nd, 3rd or 4th ITF black belt certificate holders.

Article 14

Competitors participating in the World Veteran Taekwon-Do Championship must be 40 –49 years old (Silver Class), 50-59 years old (Gold Class) and 60 years old and more (Platinum) on the starting day of the Championship and must be 1st, 2nd, 3rd or 4th black belt holders.

Article 15

The degree and age of competitors must be valid on their degree certificates and passports.

Article 16

If any competitor is found to dope as a result of medical judgement his/her team are not allowed to participate in the Championship.

SECTION 5 DRESS CODE AND EQUIPMENT

Article 17. Dress Code

17.1 Juries and Umpires shall wear the umpire suits laid down in the ITF Umpire Rules (navy blue coat, white shirt, navy blue trousers, navy blue neck tie, white track shoes and white socks)

17.2 Dress Code for T.O.C. members

The T.O.C. members should wear their uniforms set by the T.O.C.

17.3 Dress Code for Competitors

17.3.1 Competitors shall wear officially ITF- approved doboks.

- 4th degree holders are not allowed to wear their dobok with black stripes on shirt sleeves and both sides of the trousers during the competition.

17.3.2 The black belt of competitor should be of correct dimensions laid down in ITF Rules and indicate the degree of the competitor.

17.3.3 The number patches issued to competitors must be worn on the lower part of the back of dobok shirt.

17.3.4 Competitors are allowed, when not performing, to wear other track suits, dressing gown, training shoes etc.

17.3.5 Competitors participating in opening and closing ceremonies are allowed to wear their ITF dobok or official outfits of their choice and the participants in the parade are not allowed to carry cameras, flags and banners etc.

Article 18 Equipment

18.1 Safety equipment and protective wear for the competitors participating in sparring;

18.1.1 **Compulsory;**

18.1.1.1 They must wear the safety equipments approved by ITF on their hands

- and feet.
- 18.1.1.2 They must wear mouth guards.
- 18.1.1.3 Male competitors must wear groin guards inside the dobok trousers.
- 18.1.1.4 Female competitors must wear breast protectors inside the dobok shirt.
- 18.1.2 **Optional;**
 - 18.1.2.1 Junior and Veteran competitors may wear head guards approved by ITF.
 - 18.1.2.2 Veteran competitors may wear ribs and abdominal protectors inside the dobok.
 - 18.1.2.3 Competitors may wear shin guards and forearm protectors inside the dobok.
 - 18.1.2.4 Safety equipment and other protective wears must be of an approved type consisting of elastic sponge or rubber type padding.
- 18.2 Any other safety and protective equipments are not allowed to be worn except for the above-mentioned.
 - 18.2.1 .The equipment must not contain hard materials such as metal, bone and plastic.
 - 18.2.2 The safety and protective equipment must not use zip, lace or stud fasteners.
 - 18.2.3 No watches or other adornments are allowed.
 - 18.2.4 Female competitors are not allowed to use grips or slides to keep their hair in place.
- 18.3 Injured competitors requiring bandaging or strapping of any kind must not make their opponents disadvantageous and obtain the approval of the medical officers before the competition.
- 18.4 Competitors participating in sparring must wear red or blue belts to differentiate each other.

SECTION 6 INSURANCE AND MEDICAL ASSISTANCE

Article 19 Insurance

- 19.1 The T.O.C. must ensure that the competition venue must have all the necessary public liability insurance, fire certificates and Government licenses required for such events.
- 19.2 All Competitors must sign their entry forms and have insurance coverage for their participation in the Championship.

Article 20 Medical Assistance

- 20.1 Competitors injured during the competition shall receive the treatment of the medical teams provided by O.C.
- 20.2 The doctor, after the first-aid treatment should recommend to the Center Referee regarding the further participation after an injury. Doctor's decision shall be final.

SECTION 7 COMPETITION VENUE AND FACILITIES

Competition Venue must be provided with full facilities and equipments.
T.O.C. should arrange the special seats for V.I.P.s..

Article 21

Lighting must not be lower than **5** meters above the ground for the competition.

Article 22 Ring

- 22.1 The Ring for sparring will be **9 by 9** meters of floor space in size and 1 m of safety border.
- 22.2 The Ring may be elevated. In this case there should be a 2 m-wide safety border on the 4 sides and the elevations may be **50** cm to **100** cm from the ground.
- 22.3 The Ring must be covered with competition marshalling of 2-5cm in thickness.
- 22.4 The Ring and the safety border surrounding the Ring must be covered with different colored mats. In case of single color, the line of 5 cm wide must be surrounded between the Ring and the safety border.
- 22.5 In the Ring there must be a patch of red mat and a patch of blue mat (1mx1m) indicating the red and blue corner with 1-meter distance between them.
In case of single colored mat covering, the red colored line on the right and the blue colored line on the left of 5cm- long and 5cm- wide must be drawn to mark the positions of the competitors with 2-meter distance between them.

Article 23

The head table of the Championship shall be at a place in front for commanding view and with broadcasting facilities.

Article 24

Tournament Umpire Committee shall be seated beside the head table.

Article 25

Umpires' waiting seats shall be placed behind the Tournament Umpire Committee.

Article 26

Medical officers shall be seated in proper place of the stadium with the Red Cross or Red Crescent mark on their desk to indicate the Doctor table.

Article 27

Juries shall be seated in front of each Ring.

Article 28 Seats for Umpires

28.1 Center referee for sparring competition controls matches in the Ring.

For pattern and self-defense Routine competition center referee shall be seated in the middle among 5 judges.

28.2 Corner referees will be seated at the four corners of the Ring for sparring competition.

28.3 Judges for pattern competition shall be seated in front of the Jury table.

Article 29

- Recorder and timekeeper shall be seated on the right 50 cm away from the Jury table.

Article 30

Coaches for sparring shall be seated 1m away from the ring.

Article 31

The Competition arena must be provided with equipments for special technique and power breaking competitions and visual display instrument.

SECTION 8 WEIGHT-CHECK AND DRAW

Article 32 Weight-Check

32.1 Weight- check should be done for male and female respectively within 1 hour not earlier than 72 hours and not later than 1 hour before competition by the officials appointed by T.O.C. confirming the entry forms submitted by the associations /teams.

32.2 Competitors must present their degree certificates and passports for weight check.

32.3 International standard scales must be used for weigh check.

- 32.4 Only competitors who passed their weight checks are allowed to participate in sparring competition.
- 32.5 Over-weighted competitors than regulated weight are not allowed to participate in individual sparring.

Article 33 Order of Draw

- 33.1 Draw shall be made in the principle that the 1st, 2nd and 3rd placed competitors in previous Championship should not compete each other. The top placed competitor with the highest accumulated points shall be arranged on the top of the competition table. The 2nd placed competitor shall be arranged on the bottom of competition table The next two 3rd placed competitors shall be placed in the middle of the competition table with one person upward and the other downward.
- 33.2 Officials appointed by the T.O.C. and representatives of participating teams will attend the draw. The Draw must be done publicly.
- 33.3 When participating teams or competitors are less than 2, then the draw will not need.
- 33.4 Draw shall be only for the competitors specified in the entry forms submitted by his/her NGBs or teams.
- 33.5 Draw for Pattern
- 33.5.1 The order of individual events shall be drawn according to competitor's gender and degree and make competition table.
- 33.5.2 The order of team events shall be drawn according to gender and make competition table.
- 33.6 Draw for sparring
- 33.6.1 The order of individual events shall be drawn according to gender and weight and make competition table.
- 33.6.2 The order of team events shall be drawn according to gender and make competition table.
- 33.7 Draw for Self-Defense
- Groups shall be formed and their performance order shall be decided.
- 33.8 The order for Power Breaking and Special Technique
- The order shall be decided according to the height (width) and the most pieces of boards applied for by competitors for each item.

SECTION 9 DELEGATES AND COACHES

Article 34 Delegates

- 34.1 A delegate representing his/her country must be a person authorized by the National Governing Body.

34.2 A delegate registers the Competitors, submits the documents and cooperates with the other officials during the competition.

Article 35 Coaches

35.1 During the competition, the coach must wear a tracksuit and gymnastic shoes.

35.2 During Sparring (individual, team matches), the coach will be seated at least 1 meter away from the ring.

35.3 During the matches the coach must not act in such a manner that would disturb the competition.

SECTION 10 COMPETITION

Article 36 Events and order of match

36.1 The order of match for Junior Championship shall be Pattern, Sparring, Self-Defense Routine and Special Technique.

36.2 The order of match for Adult Championship shall be Pattern, Sparring, Self-defense Routine, Power and Special technique.

36.3 The order of match for Veteran Championship shall be Pattern, Sparring, Power Breaking and Self-defense Routine.

Article 37 Divisions

37.1 For Junior Championship

37.1.1 Individual event (male and female)

- Pattern; 1st, 2nd and 3rd degree
- Sparring: 7 weight divisions
- Special Technique

37.1.2 .Team event (male and female)

- Pattern
- Sparring
- Special Technique
- Self-defense Routine

37.2 For Adult Championship

37.2.1 Individual (male and female)

- Pattern: 1st, 2nd, 3rd and 4th degree
- Sparring : 7 weight divisions
- Special Technique

- Power Breaking
- 37.2.2 Team (male and female)
 - Pattern
 - Sparring
 - Special Technique
 - Power Breaking
 - Self-defense Routine
- 37.3 For Veteran Championship
 - 37.3.1 Individual (male and female)
 - Divisions : Silver class (40-49 years old) , Gold class (50-59 years old)
Platinum class (60 years old and more)
 - Pattern: 1st, 2nd, 3rd and 4th degree
 - Sparring: 5 weight divisions (excluding Platinum class)
 - Power Breaking (only for Silver and Gold classes)
 - 37.3.2 Team (male and female)
 - Only one team from each country can enter irrespective of age.
 - Pattern
 - Sparring (excluding Platinum)
 - Power Breaking (excluding Platinum)
 - Self-Defense Routine

Article 38 Participation

Teams may not necessarily consist of competitors chosen out of individual competitors.

38.1 Individual

- 38.1.1 In Junior and Adult Championships the number of competitors for individual event is restricted to ***one (1) person per country per item.***
- 38.1.2 In Veteran Championship the number of competitors for sparring according to weight division is restricted to 3persons.
- 38.1.3 Competitors participating in individual event are allowed to participate also in team event.

38.2 Team

- 38.2.1 A team shall consist in principle of 5 Competitors and 1 reserve of male and female respectively and may consist of up to 3 competitors (excluding Pattern)
- 38.2.2 Veteran team shall consist of 3 male and female competitors and 1 reserve respectively.
- 38.2.3 Only one team from one country can participate and that team shall perform Pattern, Sparring, Special Technique, Power Breaking and Self-defense Routine.

Article 39 Announcements

- 39.1 An announcement will be made for each match with the name, number and country of the competitor.
- 39.2 The competitor is responsible to report to the Ring's Jury Table with his identification card.
- 39.3 If the competitor does not report to the Jury Table within half a minute after announcements, a third and final announcement will be made at an interval of half a minute. If the competitor still does not report to the Jury Table for the third time, then the competitor may be *disqualified*.

Article 40 EQUIPMENT CHECK

- 40.1 The Referee shall check to ensure that *doboks* and equipment etc. are of the officially approved types and that they are not defective.
- 40.2 If any item(s) is found to be defective or sub-standard, then it must be replaced and the Competitor has a maximum 2 *minutes* to do so.
- 40.3 If replacement is not done within 2 *minutes*, then that competitor may be *disqualified*.

Article 41 COURTESY

Competitors must at all time bow to the Ring officials and also to each other with command “Taekwon” at the beginning and end of each performance or match.

SECTION 11 OFFICIAL TERMINOLOGY

- | | |
|-----------------|------------------|
| • CHA RYOT | ATTENTION |
| • KYONG YAE | BOW |
| • JA YU T SO GI | FREE SPARRING |
| • JUN BI | READY |
| • SHI JAK | BEGIN |
| • HE CHYO | SEPARATE |
| • GESOK | CONTINUE |
| • GU MAN | END |
| • JU UI | WARNING |
| • GAM JOM | DEDUCTING POINTS |
| • SIL KYOK | DISQUALIFICATION |
| • HONG | RED |
| • CHONG | BLUE |
| • ILHE JON | 1° ROUND |
| • YI HE JON | 2° ROUND |
| • SAM HE JON | 3 ROUND |
| * YON JANG JON | EXTENSION |

* DUK JOM JON	GOLD POINT BOUT
• SUNG	WINNER
* JI JONG TUL	DESIGNATED PATTERN
* SON TAEK TUL	OPTIONAL PATTERN
* HO SIN KYONG GI	SELF-DEFENSE ROUTINE
* TUK GI	SPECIAL TECHNIQUE
* WI RYOK	POWER BREAKING
* GAE IN JON	INDIVIDUAL EVENT
* DAN CHE JON	TEAM EVENT

SECTION 12 AWARDS

Article 42 For Junior Championship

42.1 Individual

42.1.1 PATTERN (male)	3 gold – 3 silver – 6 bronze
PATTERN (female)	3 gold – 3 silver – 6 bronze
42.1.2 SPARRING (male)	7 gold – 7 silver – 14 bronze
SPARRING (female)	7 gold – 7 silver – 14 bronze
42.1.3 SPECIAL TECHNIQUE (male)	1 gold – 1 silver – 1 bronze
SPECIAL TECHNIQUE (female)	1 gold – 1 silver – 1 bronze
42.1.4 OVERALL CHAMPION (male)	1 trophy
OVERALL CHAMPION (female)	1 trophy

42.2 Team

42.2.1 PATTERN (male)	6 gold – 6 silver – 12 bronze
PATTERN (female)	6 gold – 6 silver – 12 bronze
42.2.2 SPARRING (male)	6 gold – 6 silver – 12 bronze
SPARRING (female)	6 gold – 6 silver – 12 bronze
42.2.3 SELF-DEFENSE ROUTINE (male)	4 gold – 4 silver – 4 bronze
SELF-DEFENSE ROUTINE (female)	3 gold – 3 silver – 3 bronze
42.2.4 SPECIAL TECHNIQUE (male)	6 gold- 6 silver- 6 bronze
SPECIAL TECHNIQUE (female)	6 gold - 6 silver- 6 bronze
42.2.5 OVERALL CHAMPION (male)	1 trophy
OVERALL CHAMPION (female)	1 trophy
42.3 OVERALL CHAMPION OF COUNTRIES (1 st place)	1 trophy
OVERALL CHAMPION OF COUNTRIES (2 nd place)	1 trophy
OVERALL CHAMPION OF COUNTRIES (3 rd place)	1 trophy

Article 43 For Adult Championship

43.1 Individual

43.1.1 PATTERN (male)	4 gold – 4 silver – 8 bronze
PATTERN (female)	4 gold – 4 silver – 8 bronze
43.1.2 SPARRING (male)	7 gold – 7 silver – 14 bronze
SPARRING (female)	7 gold – 7 silver – 14 bronze
43.1.3 POWER (male)	1 gold – 1 silver – 1 bronze
POWER (female)	1 gold – 1 silver – 1 bronze
43.1.4 SPECIAL TECHNIQUE (male)	1 gold – 1 silver – 1 bronze
SPECIAL TECHNIQUE (female)	1 gold – 1 silver – 1 bronze
43.1.5 OVERALL CHAMPION (male)	1 trophy
OVERALL CHAMPION (female)	1 trophy

43.2 Team

43.2.1 PATTERN (male)	6 gold – 6 silver – 12 bronze
PATTERN (female)	6 gold – 6 silver – 12 bronze
43.2.2 SPARRING (male)	6 gold – 6 silver – 12 bronze
SPARRING (female)	6 gold – 6 silver – 12 bronze
44.2.3 SELF-DEFENSE ROUTINE (male)	4 gold – 4 silver – 4 bronze
SELF-DEFENSE ROUTINE (female)	3 gold – 3 silver – 3 bronze
43.2.4 POWER (male)	6 gold – 6 silver – 6 bronze
POWER (female)	6 gold – 6 silver – 6 bronze
43.2.5 SPECIAL TECHNIQUE (male)	6 gold – 6 silver – 6 bronze
SPECIAL TECHNIQUE (female)	6 gold – 6 silver – 6 bronze
43.2.6 OVERALL CHAMPION (male)	1 trophy
OVERALL CHAMPION (female)	1 trophy
43.3 OVERALL CHAMPION OF COUNTRIES (1 st place)	1 trophy
OVERALL CHAMPION OF COUNTRIES (2 nd place)	1 trophy
OVERALL CHAMPION OF COUNTRIES (3 rd place)	1 trophy

Article 44 For Veteran Championship

44.1 Individual

44.1.1 PATTERN (male)	12 gold – 12 silver – 24 bronze
PATTERN (female)	12 gold – 12 silver – 24 bronze
44.1.2 SPARRING (male)	10 gold – 10 silver – 20 bronze
SPARRING (female)	10 gold – 10 silver – 20 bronze
44.1.3 POWER (male)	2 gold – 2 silver – 2 bronze
POWER (female)	2 gold – 2 silver – 2 bronze
44.1.4 HIGHEST TECHNICAL AWARD (male)	2 trophy (excluding Platinum)
HIGHEST TECHNICAL AWARD (female)	2 trophy (excluding Platinum)
44.1.5 MOST HONOURABLE AWARD (male)	1 trophy
MOST HONOURABLE AWARD (female)	1 trophy

44.2 Team

44.2.1 PATTERN (male)	4 gold – 4 silver – 8 bronze
PATTERN (female)	4 gold – 4 silver – 8 bronze
44.2.2 SPARRING (male)	4 gold – 4 silver – 8 bronze
SPARRING (female)	4 gold – 4 silver – 8 bronze
44.2.3 SELF-DEFENSE ROUTINE (male)	4 gold – 4 silver – 4 bronze
SELF-DEFENSE ROUTINE (female)	3 gold – 3 silver – 3 bronze
44.2.4 POWER (male)	4 gold – 4 silver – 4 bronze
POWER (female)	4 gold – 4 silver – 4 bronze
44.2.5 OVERALL CHAMPION (male)	1 trophy
OVERALL CHAMPION (female)	1 trophy
44.3 OVERALL CHAMPION OF COUNTRIES (1 st place)	1 trophy
OVERALL CHAMPION OF COUNTRIES (2 nd place)	1 trophy
OVERALL CHAMPION OF COUNTRIES (3 rd place)	1 trophy

Article 45 Highest Technical Award, Overall Team Champion Award and Most Honorable Award

The competition of less than 3 competitors or teams shall not count for Highest Technical Award or Overall Team Champion

45.1 Highest technical award

45.1.1 Trophies will be given to the competitors with most gold medal counts awarded in individual competition.

45.1.2 When the number of gold medals are even, silver and bronze medals will be counted.

45.1.3 In case the number of gold, silver and bronze medals are the same, the gold, silver and bronze medals for Pattern, Sparring, Special Technique, Power Breaking and Self-defense Routine will be counted.

45.2 Overall Team Champion

The medals gained from each item are counted as one gold medal only. The trophy shall be awarded in the same principle as in the Highest Technical Award.

45.3 Most Honorable Award

Trophies will be given to the oldest male and female competitors among those participating in Veteran Championship.

Article 46 Overall Winning Country

46.1 Trophies will be awarded to the country with the most gold medal counts gained in individual and team events. (medals from one item in team event will count as one only)

46.2 In case of the number of gold medal being the same, then the silver and bronze medals will be counted, by which trophies will be awarded.

46.3 In case of the number of gold, silver and bronze medals being the same, the gold medals

will be counted for Pattern, Sparring, special Technique, Power and Self-Defense and in case of being same too, silver and bronze medals will be counted.

SECTION 13 PATTERN

Article 47

The Pyramid system of Elimination will be used

Article 48 Point Award

48.1 Individual

48.1.1 Estimating Contents

Technical contents (Power, Speed, Rythem, Balance and breath control)
Accuracy (Accuracy of movements, Diagram)

48.1.2 Scoring Criteria

Technical contents	4 points
Power	2 points
Balance	1 point
Breath control	1 point
Rhythem	1 point

48.1.3 Deduction of points

When not performing correctly;

Accuracy	1 point
Power	0.5 point
Balance	0.1 point
Breath control	0.1 point
Rythem	0.1 point

48.1.4 Method

Points shall be deducted for every item from the top 9 points.

48.2 Team

48.2.1 Estimating Contents

Team Work (Choreography included)
Technical contents (Power, speed, rythem, balance and breath control)
Accuracy (accuracy of movements, diagram)

48.2.2. Scoring Criteria

Team work and choreography	4 points
Accuracy	2 points
Power	1 point

Balance	1 point
Rythem	1 point
48.2.3 Deduction of points	
When not performing the above-mentioned contents,	
Team work	1 point
Accuracy	0.5 point
Power	0.1 point
Balance	0.1 point
Rythem	0.1 point
48.2.4 Method	
Points shall be awarded as in the individual event	

Article 49 Individual Pattern

Competition shall be done by 2 competitors at the same time according to the their degree.

49.1 Competitors shall perform one optional pattern according to their degree and one designated pattern (excluding the optional Pattern) selected by the Jury.

49.1.1 ***1st degree***

Optional : KWANG-GAE GE-BAEK,
Designated: CHON-JI GE-BAEK.

49.1.2 ***2nd degree***

Optional: EUI-AM JU-CHE
Designated :CHON-JI JU-CHE.

49.1.3 ***3rd degree***

Optional: SAM-IL CHOI-YONG
Designated : CHON-JI CHOI-YONG

49.1.4 ***4th degree***

Optional : YON-GAE MOON-MOO
Designated: CHON-JI MOON-MOO

49.2 Deciding the winner

Jury President will decide the winner in accordance with 5 judges' flag signal.

49.2.1 .When 3 or more Corner Referees give a decision in favor of one Competitor, then that Competitor is the winner.

49.2.2 When 2 Corner Referees give a decision in favor of one Competitor, 1 for the other and 2 for a draw, the Competitor who receives the 2 favored decisions is the winner.

49.2.3 When 3 or more Corner Referees say that it is a draw, it is the tied competition

49..2.4 When 2 Corner Referees give a decision in favor of one Competitor, 2 for the other and 1 Corner Referees give a draw, it is the tied competition.

49.2.5. When the competition is decided to be tied, extra performance of pattern designated by Jury President will be repeated until the winner is decided.

Article 50 Team

50.1 Teams will perform one optional pattern and one designated pattern (excluding optional pattern) selected by Jury President in any format

50.2 Optional patterns and designated patterns in team events for Junior, Adult and Veteran Championships

50.2.1 For Junior

Optional; KWANG-GAE CHOI-YONG Designated; CHON-JI GE-BAEK

50.2.2 For Adult

Optional; KWANG –GAE MOON-MOO Designated ; CHONJI GEBAEK

51.2.3 For Veteran

Optional; KWANG-GAE MOONMOO Designated; CHON-JI GE-BAEK

50.3 Teams will perform alternatively.

*Each team will perform the same designated pattern

50.4 Deciding the winner is the same as in individual pattern.

Article 51 Officials

- 1 Jury President
- 2 Jury Members
- 5 Referees
- 1 Recorder

SECTION 14 SPARRING

Article 52

Pyramid system of elimination will be used.

Article 53 Attacking Tools

53.1 Hand part-front fist, back fist, side fist, knife hand and reverse knife hand

53.2 Foot part- ball of foot, foot sword, back heel, instep, sole and toes

Article 54 Target Area

54..1 Face and neck area at the front and sides (excluding back|)

54.2 Frontal area of trunk of the body from a line drawn from the armpit vertically down to the waist on each side (*excluding the back*)

Article 55 Criteria for Point Award

All attacks will be valid only when they are stopped 2 cm away from the target.

55.1 **One (1) point** will be awarded for :

- *Hand attack directed to mid or high section.*
- *Foot attack directed to mid section.*
- *Hand attack flying directed to mid section*
- *Perfect defense*

55.2 **Two (2) points** will be awarded for :

- *Foot attack directed to high section.*
- *Hand attack while in the air (both feet must be off the ground) directed to the high section.*
- *Foot attack flying directed to mid section*

55.3 **Three (3) points** will be awarded for :

- *Jumping or flying kick directed to high section.*
- *Jumping or flying 180 turning kick to mid section.*

55.4 **Four (4) points** will be awarded for :

- * *Jumping 180 turning kick directed to high section*
- *Jumping 360° or more turning kick to mid section.*

55.5 **Five (5) points** will be awarded for:

- *Jumping 360 or more turning kick to high section.*

When flying 2 or 3 hand and foot attacks are counted as points, those points shall be awarded for every technique.

Article 56 Fouls

56.1 Warnings

56.1.1 For the following offences;

- Attack to an illegal target
- Stepping completely out of the ring (both feet)
- Any part of the body, other than the feet, touching the ground
- Holding or grabbing with both hands
- Pushing
- Pretending to be injured
- Intentionally avoiding sparring
- A 2 or more consecutive fist punch
- Repeatedly pretending to have scored by raising the arm
- Paying no attention to the instruction of Center referee
- Turning the back intentionally to avoid combat
- Unnecessary speaking during competition

56.1.2. 1 point will be deducted for 3 warnings.

56.1.3 No disqualification will result from 3 points deduction for warning.

56.2. Deduction of Points

56.2.1 For the following offences

- *Insulting an opponent in any way
- *Biting-scratching-clawing
- *Attacking a fallen opponent or an unready opponent by referee's stopping of the match
- *Passionate contact
- *Attacking with forehead
- *Interfering the matches by heavy attack not counter-attack

56.2.2 In case of point deduction Center Referee will raise yellow card to declare one point deducted.

56.3 Disqualification

56.3.1 For the following offences;

- *Misconduct against umpires
- * Ignoring the center referee's instruction
- * No further competing of opponent as a result of heavy attack, not counter attack
- * Any competitor suspected of being under influence of alcoholic beverage or drugs
- * 3 warnings

56.3.2 When the competitor is deducted of point 3 times in a bout, Center Referee will raise red card to declare him disqualified

Article 57 Individual

57.1 Weight Division

57.1.1 For Junior Championship

Only one competitor can enter one weight division in one team.

57.1.1.1 Male

-45kg

51kg

57kg

63kg

69kg

75kg

+75kg

57.1.1.2 Female

- 40kg

46kg

52kg

58kg

64kg

70kg

+70kg

57.1.2 For Adult Championship

Only one competitor can enter one weight division in one team

57.1.2.1 Male

-50kg

57kg

64kg

71kg

78kg

85kg

+85kg

57.1.2.2 Female

- 45kg

51kg

57kg

63kg

69kg

75kg

+75kg

57.1.3 For Veteran Championship

Division: Silver Class (40-49 years old), Gold Class (50 years old and more)

3 competitors can enter one weight division

57.1.3.1 Male

-64kg

73kg

80kg

90kg

+90kg

57.1.3.2 Female

-54kg

61kg

68kg

75kg

+75kg

57.2 Duration of bout

57.2.1. For Junior and Adult it will be 2 rounds of 2 minutes in elimination and 3 rounds of 2 minutes in final.

57.2.2 For Veteran each bout will consist of 2 rounds of 1.5 minutes in elimination and of 3 rounds of 1.5 minutes in final competition.

57.2.3 One-minute break shall be given between rounds.

57.3 Deciding the winner

Jury President will decide according to the points written on judging form.

- 57.3.1 When 3 or more corner referees give a decision in favor of one Competitor, then that Competitor is the winner.
- 57.3.2 When 2 Corner Referees give a decision in favor of one Competitor, 1 Corner Referee for the other and 1 for a draw, the Competitor who receives the 2 favored decisions is the winner.
- 57.3.3 When 2 Corner Referees give a decision in favor of one Competitor and 2 Corner Referees give a draw, the Competitor who receives the 2 favored decisions is the winner.
- 57.3.4 When 3 or more Corner Referees say that it is a draw, then it is the tied competition.
- 57.3.5 When 2 Corner Referees give a decision in favor of one competitor and 2 Corner Referees for other competitor, then that competition is a draw.
- 57.3.6 When 1 corner referee give a decision in favor of one competitor, 2 Corner Referees for a draw and 1 for other competitor, then that competition is a draw,
- 57.3.7. When the competition is tied, 1- minute extension will follow. If this results in a further draw, the competition for the gold points will take place. The competitor with the first scored points shall be the winner with disregard to timing and the competitor with 3 warnings or 1 minus point without any scored points each other is the loser.

Article 58 Team Matches

- 58.1 A team will be formed with disregard to competitors' degrees and weight.
- 58.2 Draw will decide which team is the first, by which competition will take place alternately
- 58.3 Duration of a bout
 - 58.3.1 It will be 1 round of 2 minutes in elimination and 2 rounds of 2 minutes in final for Junior and Adult Championships.
 - 58.3.2 It will be 1 round of 1.5 minutes in elimination and 2 rounds of 1.5 minutes in final for Veteran Championship.
 - 58.3.3. One minute–break will be given between rounds.
- 58.4. Deciding the winner
 - 58.4.1 For the matches of individual competitors it will be same as in individual matches.(except for tied match)
 - 58.4.2 The team with the highest points by adding all points of individual competitors is the winner.(2points for a win, 1point for a draw)
When one team has scored first 6 points, then that team is the winner without any further 5 bouts.
 - 58.4.3 When all 5 bouts are finished and the result is a draw, then each Coach will select a Competitor to spar an extra bout. The Team whose Competitor wins this bout will be the winner .

- 58.4.4 When extra bout results in a further draw, then extension and bout for golden points shall take place to decide the winner as in individual match.
- 58.4.5 When the numbers of each team or the numbers of one team are less than 5 in team matches, the winner will be decided as mentioned in Article 58.4.1-58.4.4.
- 58.4.5.1 When any competitors of one team cannot enter the match, 2 points will be given to the team with all competitors participating.
- 58.4.5.2 When any competitors of each team cannot enter the match respectively, 1point will be given for one competitor._

Article 59 Injury

- 59.1 When a competitor is injured during the match , the Center Referee must stop the match and call the Doctor. The Doctor must recommend to the Referee about the match continuation after the treatment of wounds. The Doctor's decision will be final.
- 59.2 Deciding the winner when the match cannot continue due to injury
- 59.2.1 When the opponent's strike is judged as foul, then the injured competitor will be the winner
- 59.2.2 When injury is judged as a result of competitor's carelessness, then that competitor will be the loser.
- 59.2.3 If two Competitors injure themselves at the same time and if both are found to be unfit to continue, the winner is the Competitor who has more scored points till that moment of stopping the match. If the Competitors are even, the Jury President will decide the winner according to Center referee's opinion.
- 59.2.4 Until the decision for injured competitor has been made, the match cannot go on to the next round.
- 59.2.5 The competitor not accepting the doctor's decision shall be disqualified.

Article 60 Officials

- 1 Jury President
- 1-2 Jury Members
- 1 Center Referee
- 4 Corner Referees
- 1 Timekeeper
- 1 Recorder

SECTION 15 SPECIAL TECHNIQUE

Article 61 Divisions (Male)

- (a) *Twimyo nopi apcha busigi*
- (b) *Twimyo dollyo chagi*
- (c) *Twimyo bandae dollyo chagi*
- (d) *Twimyo 360 yopca jirugi*
- (e) *Twimyo nomo chagi*

Article 62 Divisions (Female)

- (a) *Twimyo nopi apchabusigi*
- (b) *Twimyo dollyo chagi*
- (c) *Twimyo bandae dollyo chagi*
- (d) *Twimyo 360 yopca jirugi*
- (e) *Twimyo nomo chagi*

Article 63 Board

- 64.1 Size; 30x30x1.5 cm
- 64.2 Referee must examine each board before each attempt and once a wooden board is used, it cannot be used again.

Article 64 Scoring Criteria

- 64.1 Only when the boards has been completely broken by competitor's attempt for all items, will the points be given.
- 64.2 When competitor has not adopted correct posture and balance or not broken with correct attacking tools and when the competitor has touched the hurdle fallen during his flying over kick, he/she is judged as a nil.

Article 65 Individual Match

- 65.1 Mode of Competition
 - 65.1.1 Male and female can enter 5 items respectively.
 - 65.1.2 Each competitor will have **1 attempt**, only with **1 pre-judging** of distance allowed without touching the target. The competitor will be given 30 minutes to break. (Ready posture+ pre-judging+ ready posture+ breaking+ ready posture)
- 65.2 Deciding the winner
 - 65.2.1 The competitor who has applied for the highest (widest) will have the first attempt and then next in order for all items and 1st, 2nd and 3rd places will be decided according to the attempted height (width) , by which 3 points will be awarded to the 1st place, 2 points to the 2nd place and 1 point to the 3rd place.

(There may be several competitors for the same placing.)

65.2.2 The same method will be applied in every item and the points for relevant items will be awarded to each competitor.

65.2.3 The competitor with the most points by adding all points gained for all items will be the 1st- placed , next ;2nd.and 3rd .

65.2.4 When 2 or more competitors are same placed, extra attempt for any item will be made until the winner is decided.

Article 66 Team

66.1 Mode of Competition

66.1.1 A team will consist of 5 males and females respectively and one competitor from one team can enter each item. (Up to 3 competitors can enter)

66.1.2 The mode of competition for all items is the same as in individual.

66.2 Point awards for all items shall be same as in individual match.

66.3 Deciding the winner

66.3.1 After the attempts of a team for all items, the points gained by each competitor will be added and the 1st, 2nd and 3rd places will be decided with the same method as in individual.

66.3.2 In the event of tie, the same method as in individual will be applied.

Article 67 Officials

1 Jury President

2 Referees

1 Recorder

SECTION 16 POWER BREAKING

Article 69 Male Divisions

68.1 For Adult;

(a) Ap Joomuk Jirugi

(b) *Sonkal Taerigi*

(c) *Yopcha Jirugi*

(d) *Dollyo Chagi*

(e) *Bandae Dollyo Chagi*

68.2 For Veteran;;

(a) *Sonkal Taerigi*

(b) *Yopcha Jirugi*

(c) *Dolmyo Chagi (180 Yopchagi)*

Article 69 Female Divisions

69.1 For Adult;

- (a) *Sonkal Taerigii*
- (b) *Appalgub taerigi*
- (c) *Yopcha Jirugi*
- (d) *Dollyo Chagi*
- (e) *Dolmyo Chagi(180 Yop Chagi)*

69.2 For Veteran:

- (a) *Sonkal Taerigi*
- (b) *Yopcha Jirugi*
- (c) *Dolmyo Chagi (180 Yop Chagi)*

Article 70 Boards

70.1 Size; 30zx30x2 (cm)

70.2 Referee must examine each board before each attempt and attempted boards cannot be used again.

Article 71 Scoring Criteria

71.1 Each broken/separated board will count as **2 points**

71.2 Each bent/cracked board will count as **1 point**.

71.3 When the board keeps its state even by striking or kick , then the result is nil.

71.4 When the competitor has not adopted his correct posture and balance and has not used correct attack tools in spite of board being broken, then the result is not admitted.

Article 72 Individual

72.1 Mode of Competition

72.1.1 Male and female can enter 5 items respectively.

72.1.2 The competitor will adopt a **ready posture** in the form of either an L-stance forearm guarding posture or a sitting ready stance posture. On command from the Referee the competitor will be allowed to make **1 prejudging**, returns to **ready posture**, then attempt to break in one continuous movement, and returns to the **ready posture** upon completion on the attempt. Upon the command signal, the competitor has 30 seconds to complete that item (*ready posture + prejudging + ready posture + break + ready posture*) .

72.1.3 One- step sliding or skipping with no jump is allowed, which means that one foot

should keep contact on the floor at the moment of strike or kick.

72.1.4 Knife hand strike may be inwards or outwards.

72.2. Deciding the winners

72.2.1 The Competitor who has applied for the most pieces of board for one item will attempt first and then in turn, next attempt, by which result the 1st, 2nd and 3rd places will be decided. There may be several competitors for the same placing.

72.2.2 Matches for all items will be done as the same as above and points for relevant items will be awarded to each competitor.

72.2.3 Competitor who has received the most by adding the points gained in all items will be the 1st place and next 2nd, 3rd places in order.

72.2.4 If the same placed competitors are two or more, extra attempt by draw will be followed until the winner will be decided.

Article 73 Team Events

73.1 Mode of Competition

73.1.1 A competitor from one team can enter one item. (Up to 3 competitors can enter).

73.1.2 Mode of competition for all items is the same as in individual.

73.2 Point awards for items will be same as in individual.

73.3 Deciding the winner

73.3.1 After the competition for all item all the points gained by each competitor of a team will be added together and the 1st, 2nd and 3rd places will be decided as in the individual competition.

73.3.2 In case of 2 teams or more in the same placing, the winner will be decided as in individual.

Article 74 Officials

1 Jury President

2 Referees

1 Recorder

SECTION 17 SELF-DEFENSE ROUTINE

Article 75 Qualifying system of accumulated points will be used.

75.1 In case of more that 8 participating teams, they shall be divided into 4 groups.

75.2 Elimination and final competitions will take place.

75.3 In case of less than 8 participating teams the winners will be decided in elimination.

Article 76 Divisions

- 76.1 Male
One male vs 3 males
- 76.2 Female
One female vs 2 persons (male or female)
- 76.3 “Hero” must be the competitor of relevant degree. Others may be any competitors.

Article 77

The “Hero” of the performance will wear the official ITF *dobok*, while the “attackers” will wear other clothes appropriate to their roles. The “attackers” are not allowed to wear the uniforms of other martial arts systems.

Article 78 Duration

- 78.1 For Junior and Adult Championships male competitors within minimum 40 Seconds and maximum 60 seconds.
- 78.2 For Junior and Adult Championships female competitors within minimum 30 seconds and maximum 50 seconds
- 78.3 Veteran male and female competitors within minimum 30 seconds and maximum 50 seconds

Article 79 Performance Procedure

- 79.1 The “Hero” will bow to Jury President and make his ready posture (forearm guarding), when the gong will sound and clock start.
- 79.2 When the “Hero” finishes his last performance and adopts his ready posture, the gong will sound and clock stop. With the command signal from the “Hero”, the competitors in a line will bow to the Jury table and leave the ring.

Article 80 Compulsory techniques to be performed in Self-Defense Routine

- Minimum 1 flying foot technique with a single kick.
- Minimum 1 flying foot technique with a double or triple kick.
- Minimum 1 flying two direction kick.
- Minimum 2 dodging techniques.
- Minimum 1 releasing technique from grasps or holds.
- Minimum 1 defense technique against a weapon (knife, toy gun, chair, etc.).
- Minimum 1 double blocking technique against a double attack.

- For Junior and Adult Championships the techniques mentioned in Article 81 should be compulsorily performed.
- For Veteran Championship at least 4 techniques for male and at least 3 techniques for female among those mentioned in Article 81 should be performed.

Article 81 Criteria for Point Awards

81.1 Estimating Contents

Technical contents (Previously mentioned techniques)

Team work, Accuracy, timing

Artistic beauty (Choreography, Realism)

81.2 Scoring criteria

Technical contents 10 points

Team work 10 points

Artistic beauty (Realism) 10 points

81.3 Deduction of points

When not performing the above-mentioned techniques correctly ;

Technical contents -2 points per item

Accuracy -2 points per item

Choreography -1 point -3 points per item

Timing -0.5 point

Artistic beauty -3 points -7 points

81.4 Points will be deducted from the top 30 points.

Article 82 Deciding the winner

Jury President will decide the winner by adding the left points of 3 judging forms excluding one highest point and one lowest point among 5 judging forms.

82.1 Elimination

82.1.1. Two teams from each group with the highest points will be qualified for the final.

82.1.2. In case of more than two teams with the highest points, further performance will be done, by which two selected teams will be qualified for the final.

82.2 Final

82.2.1 The teams selected in elimination will perform, by which the winners (1st, 2nd and 3rd places) will be decided according to their points.

82.2.2 .In case of more than 2 teams in the same placing, the winners will be decided according to the highest points by adding the points gained from elimination and final .When those points are same, extra performance will take place.

Article 83 Officials

- 1 Jury President, 1-2 Jury members
- 1 Center referee
- 4 Corner referees
- 1 Timekeeper
- 1 Recorder

SECTION 18 PROTEST AND DECISION

The Tournament Adjudication Committee will supervise all protest procedures. The Tournament Adjudication Committee includes the Chairmen of ITF Tournament Committee, ITF Umpire Committee and ITF Technical Committee.

The Chairman of Tournament Adjudication Committee must be the Chairman of ITF Tournament Committee. In case of his/her absence, the member of Tournament Adjudication Committee appointed by the ITF will act.

Article 84 Protest

- 84.1 If Jury President, Center referee and corner referees conduct the competition violating the Tournament Rules, written protest may be submitted to the Tournament Adjudication Committee.
 - 84.1.1 ***Only the Coach in charge of individual or a team*** can present a protest to the Jury President in his /her square.
 - 84.1.2 Official Protest Form must be filled in and presented within **5 minutes** from the end of the match.
 - 84.1.3 Regulated protest fee (100 USD) must be paid when presenting the protest. (If the protest is valid, then protest fee will be returned to the coach.)
- 84.2 Jury President must submit the protest to the Tournament Adjudication Committee and explain its details.
- 84.3 All money paid from the protest and the penalty during the Championship will be disbursed for the Umpiring development of ITF.

Article 85 Decision

- 85.1 In order to give a correct decision the Chairman of Tournament Adjudication Committee may call anyone else to give evidence on the protest (Jury President and Center Referee of relevant Ring, Coaches of two teams and ITF-authorized cameraman).
- 85.2 Tournament Adjudication Committee will decide whether to *validate the match, or to repeat the match or to assign the victory of the match to the loser.*
- 85.3 When the decision on the protest has been reached it will be informed to the parties

concerned with its decision.

85.4 The winner cannot compete again before the decision of the Tournament Adjudication Committee.

85.5 Team or Individuals not accepting the decision made by the Tournament Adjudication Committee may result in having the whole team or individual disqualified from all further events of the Championship.

Article 86 In case of withdrawal of competitors or team from individual or team matches as means of protest

86.1 They will be automatically disqualified from that event.

86.2 They will be automatically disqualified from all further events of that championship.