

TOURNAMENT RULES

INTERNATIONAL TAEKWON-DO FEDERATION

July 12, 2005

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SECTION 1-GENERAL

Article 1. Definition

Taekwon-Do competition is the course for comparing the techniques as taught by Taekwon-Do founder, Gen. Choi Hong Hi.

Article 2. Purpose

The purpose of the competition is to ensure the uniformity of techniques, to elevate Competition standards to a high level in all Championships organized/encouraged by ITF.

Article 3. Application

The Tournament Rules shall apply in all the Competitions organized/encouraged by ITF, be they Continental, Regional and National Federations.

Article 4. Modifications and Changes

- 4.1 Those who wish to modify or change any part of the Tournament Rules should forward their written proposals of modification or changes of the relevant Tournament Rules to the ITF HQ at least 6 months before the ITF Congress.
- 4.2 ITF Executive Committee will study the proposed modifications or changes. If they find them to be reasonable, they will propose them to the ITF Congress for approval.
- 4.3 Until any modification or changes of the Tournament Rules has been decided, all Competitions shall be conducted according to the original ITF Tournament Rules.

SECTION 2. TOURNAMENT ORGANIZING COMMITTEE (T.O.C)

Article 5. Tournament Organizing Committee should be formed in the Championship-hosting country at least 12 months before the Championship.

Article 6. The T.O.C. shall be formed with the necessary numbers of officials in conformity with the actual situation of the hosting country.

Article 7. Authority and Duties of T.O.C.

7.1 The T.O.C. shall send their draft invitation and information for the Championship to the ITF HQ for its approval at least 12 months before the Championship and distribute to all ITF NGBs and other concerned parties.

7.2 The T.O.C. shall arrange for all facilities, equipments and manpower necessary for the Championship.

7.3 The T.O.C. is responsible for the arrangement of medals and other awards.

7.4 The T.O.C. shall receive and register the teams and individual competitors invited to the Championship.

7.5 The T.O.C. shall hold draws and weighing-ins according to the respective mode of competition.

7.6 The T.O.C. shall bring together to- date tournament results and draw up the competition tables for the next day to distribute to each participating team before the Competition starts every day.

7.7 The T.O.C. shall provide 3 figured number patches (20×15 cm) to all participants.

7.8 Official doctors or medical officers must be in attendance throughout Competitions.

7.9 The T.O.C. must ensure the security of all participants.

7.10 The T.O.C. shall be responsible for the board and accommodation of the ITF VIPs and Umpires during the Championship.

7.11 The T.O.C. shall consult all issues arising from the Championship with the ITF Tournament and Umpire Committees.

7.12 The T.O.C. will be responsible to the ITF for the organization and the conduct of the Championship toward the ITF.

- 7.13 The T.O.C must provide the necessary number of trained officials to assist the ITF Tournament and Umpire Committees in the running of the Competition.

SECTION 3. APPLICATION

Article 8. All ITF-affiliated members wishing to participate in the Championship shall submit their entry forms to the Organizing Committee by the set deadline.

Article 9. The competitors' entry forms must be signed by the authorized officials of their NGBs or concerned parties.

Article 10. In the case of any NGB that has not submitted its entry forms for their participants or wishing to alter or change their entry forms, TOC may discuss their participation according to the following conditions;

- 10.1 The NGB that has not submitted its entry form by the deadline should pay a penalty of USD 300 to the T.O.C.
- 10.2 Any NGB that has not submitted its entry forms at all until 3 days before the Championship shall pay a penalty of USD 500 to the T.O.C.
- 10.3 Any NGB wishing to make any changes in their entry forms with a valid reason shall pay a penalty of USD 150 to the T. O.C.

SECTION 4. QUALIFICATION

Article 11. Only ITF affiliated NGBs and ITF registered black belt holders can participate in the Championship.

An NGB that is not yet affiliated to the ITF wishes to participate in the Championship for whatever reason must have the approval of the ITF HQ in order to

participate.

A black belt who is not yet registered with ITF but is representing an ITF affiliated NGB must have the approval of the ITF Tournament and Umpire Committees in order to participate. It is the duty of the T.O.C to inform the ITF HQ and the ITF Tournament and Umpire Committees whenever such cases occur.

In such cases, the ITF HQ and the ITF Tournament and Umpire Committees can accept or reject their applications without providing any reason.

All competitors must produce medical certificates from their doctors certifying that they are physically and mentally fit to compete in the championship.

- Article 12.** Competitors participating in all ITF Junior Taekwon-Do Championship must be **14-17 years old** on the starting day of the Championship and must be 1st, 2nd, or 3rd degree ITF black belt certificate holders.
- Article 13.** Competitors participating in all ITF Adult Taekwon-Do Championship must be **18-39 years old** on the starting day of the Championship and must be 1st, 2nd, 3rd or 4th ITF black belt certificate holders.
- Article 14.** Competitors participating in all ITF Veteran Taekwon-Do Championship must be **40 –49 years old (Silver Class), 50-59 years old (Gold Class) and 60 years old and above (Platinum Class)** on the starting day of the Championship and must be 1st, 2nd, 3rd, 4th, 5th or 6th black belt holders.
- Article 15.** The degree and age of competitors must be valid on their degree certificates and passports.
- Article 16.** If any competitor is found to fail in a doping test as a result of medical judgment, the ITF Umpire Committee will disqualify that competitor from competition and the Championship. Further disciplinary action may be taken against that competitor by the ITF Disciplinary Committee at a later date.

SECTION 5. DRESS CODE AND EQUIPMENT

Article 17. Dress Code

17.1 Juries and Umpires shall wear the umpire suits laid down in the ITF Umpire Rules (navy blue coat, white shirt, navy blue trousers, navy blue neck tie, white track shoes and white socks)

17.2 Dress Code for T.O.C. members

The T.O.C. members should wear their uniforms set by the T.O.C.

17.3 Dress Code for Competitors

17.3.1 Competitors shall wear official ITF- approved doboks.

* The 4th degree holders and above are not allowed to wear their doboks with black stripes on their sleeves of the shirt and trousers during competition.

17.3.2 The black belt worn by the competitor should be of correct dimensions laid down in ITF Rules and indicate the degree of the competitor.

17.3.3 The number patches issued to competitors must be worn on the lower part of the back of dobok shirt.

17.3.4 Competitors are allowed, when not performing, to wear other tracksuits, dressing gown, training shoes etc.

17.3.5 Competitors participating in opening and closing ceremonies are allowed to wear ITF Dobok or official outfits of their choice and the participants in the parade are not allowed to carry camera, banners, slippers or bare-footed, etc.

Article 18. Safety and Protective Equipment

18.1 Safety equipment and protective gears for the competitors participating in sparring competition.

18. 1. 1 Compulsory safety and protective equipment

18. 1.1.1 The competitor must wear the ITF approved hand and foot protectors.

18.1.1.2 The competitor must wear a mouth guard.

18.1.1.3 The male competitor must wear a groin guard

- inside his dobok trousers.
- 18.1.1.4 The female competitor must wear a breast protectors inside her dobok shirt.
- 18. 1. 2 Optional safety and protective equipment
 - 18.1.2.1 The Junior and Veteran competitors may wear head guards approved by ITF.
 - 18.1.2.2 Veteran competitors may wear ribs and abdominal protectors inside the dobok.
 - 18.1.2.3 Competitors may wear shin guards and forearm protectors inside the dobok.
 - 18.1.2.4 All other safety and protective equipment must be consisting of elastic sponge or soft rubber type padding or other soft materials which must have the approval of the ITF Tournament and Umpire Committees.
- 18.2 Any other safety and protective equipments are not allowed.
 - 18.2.1 The safety and protective equipment must not contain hard materials such as metal, bone and plastic.
 - 18.2.2 The safety and protective equipment must not use zip, lace or stud fasteners.
 - 18.2.3 No watches or other adornments are allowed.
 - 18.2.4 The female competitor is not allowed to use grips or slides to keep her hair in place.
- 18.3 An injured competitor requiring bandaging or strapping of any kind must not contain materials of any kind that may provide an advantage to the wearer and/or a disadvantage to the wearer's opponent. The injured competitor must be certified by the official Tournament Medical Officer to wear any of such material for his/her injury.
- 18.4 In the sparring competition, the competitor from the red corner must wear red hands and feet safety equipments and the competitor from the blue corner must wear blue hands and feet safety equipments.

SECTION 6. INSURANCE & MEDICAL ASSISTANCE

Article 19. Insurance

- 19.1 The T.O.C. must ensure that the competition venue must have all the necessary public liability insurance, fire certificates and Government licenses required for such events.
- 19.2 All Competitors must sign their entry forms and have insurance coverage for their participation in the Championship.

Article 20. Medical Assistance

20. 1 Competitors injured during the competition shall receive the treatment of the medical teams provided by T.O.C.
20. 2 The doctor, after treating the injured competitor, should recommend to the Ring Official the further participation of that competitor. The doctor's decision is final.

SECTION 7. COMPETITION VENUE & FACILITIES

The Competition Venue must have the full facilities and the T.O.C. must provide the required equipments. The T.O.C. shall arrange special seating for the VIPs.

Article 21. Lighting must not be lower than 5 meters above the ground for the competition.

Article 22. Ring

- 22.1 The Ring for sparring competition measures 9 × 9 meters and at least 1 meter of safety border.
22. 2 The Ring may be elevated. In this case the elevation shall be between 50-100cm from the ground, and the safety border around the Ring shall be at least 2 meters.
22. 3 The Ring must be covered with competition mats measuring at least 2cm in thickness.
- 22.4The competition area of the Ring (9×9m) shall be covered with the yellow or orange color competition mats. The safety border area can be of any color other than yellow or orange color.
 - * However, for the competition and safety area the color of the mat may be changed with any other color.
- 22.5 In the middle of the Ring there must be a Red piece of competition mat (1m x 1m) and a Blue piece of competition

mat (1m x 1m) to indicate the Red Corner and the Blue Corner. The distance between the Red mat and the Blue mat is 1 meter.

- 22.6 The position of the red corner mat is on the centre-right of the ring and the blue corner mat is on the centre-left of the ring, facing the Jury table.

Article 23. The head table of the Championship shall be at a place with a commanding view over arena and must have broadcasting facilities.

Article 24. ITF Umpire Committee shall be situated beside the head table.

Article 25. The reserve umpires shall be seated behind the ITF Umpire Committee.

Article 26. The medical officials shall be designated to a place, where they are able to work with the injured, with the Red Cross or Red Crescent mark on their desk to indicate the Doctor table.

Article 27. Juries shall be seated in front of each Ring.

Article 28. Seats for Judges

28.1 Center referee for sparring competition controls matches in the Ring. For Pattern and Self-Defense Routine competition the center referee shall be seated in the middle among 5 Judges.

28.2 Corner referees will be seated at the four corners of the Ring for sparring competition.

28.3 Judges for Pattern and Self-Defense Routine competition shall be seated in front of the Jury table.

28.4 Judges for Special Technique and Power Breaking competition shall be in a commanding position close to the holders.

Article 29. Recorder and timekeeper shall be seated beside the Juries.

Article 30. During the Sparring competition, coaches shall be seated at their respective corners where should be 1m away from

the Ring.

Article 31. The Competition arena must be provided with equipment for special technique and power breaking competitions and visual display instrument.

SECTION 8. WEIGHT-CHECK & DRAW

Article 32. Weight-Check

- 32.1 Weight-check shall start 72 hours before and closes an hour before the Championship begins. It shall be conducted by officials appointed by the T.O.C., confirming the entry forms submitted by the NGBs or concerned parties.
- 32.2 Competitors must present their degree certificates and passports for weight check.
- 32.3 International standard scales must be used for weigh check.
- 32.4 Only competitors who pass their weight checks are allowed to participate in sparring competition.
- 32.5 Competitors who failed in the weight check will not be allowed to compete in individual sparring competitions.

Article 33. Order of Draw

- 33.1 The draw shall be conducted in the principle that the 1st, 2nd and 3rd placed competitors in the previous Championship should not compete against each other at the opening bouts. As a rule, the 1st place competitor with the highest accumulated points shall be arranged on the top of the competition table. The 2nd placed competitor shall be arranged at the bottom of the competition table. The next two 3rd placed competitors shall be arranged in the middle of the competition table with one competitor competing upward and the other competing downward.
- 33.2 Officials appointed by the ITF Tournament Committee and the T.O.C and two representatives from each participating country will attend the draws. The draws are to be conducted publicly.
- 33.3 When there are only 2 or less individual competitors and teams, competing in an event, then the match draw will not be

- necessary.
- 33.4 Draws shall only contain the competitors specified in the entry forms submitted by their NGBs or concerned parties.
- 33.5 Draw for Pattern
- 33.5.1 The order of match for individual events shall be drawn according to gender and degree.
- 33.5.2 The order of match for team events shall be drawn according to gender.
- 33.6 Draw for sparring
- 33.6.1 The order of match for the individual events shall be drawn according to gender and weight.
- 33.6.2 The order of team events shall be drawn according to gender.
- 33.7 Draw for Self-Defense Routine
The order of match shall be drawn according to the gender of the hero/heroine.
- 33.8 Draw for Special Technique and Power Breaking
The order of Special Technique shall be drawn according to the highest or longest techniques applied by the competitors for the items.
The order of the Power Breaking shall be drawn according to the most pieces of boards applied by competitors for each item.
The order of team events shall also be drawn in the same method of individual.

SECTION 9. DELEGATE & COACHES

Article 34. Delegates

- 34.1 A delegate representing his/her country must be a person authorized by the National Governing Body.
- 34.2 A delegate registers the Competitors, submits the documents and cooperates with the other officials during the competition.

Article 35. Coaches

- 35.1 During the competition, the coach must wear a tracksuit and gymnastic shoes.
- 35.2 During a sparring match, the coach will be seated at least 1 meter away from the Ring.
- 35.3 During the matches the coach must not act in such a manner that would disturb the competition.

SECTION 10. COMPETITION

Article 36. Events and order of match

- 36.1 The order of match for Junior Championship shall be Pattern, Sparring, Self-Defense Routine and Special Technique.
- 36.2 The order of match for Adult Championship shall be Pattern, Sparring, Self-Defense Routine, Special Technique and Power Breaking..
- 36.2 The order of match for Veteran Championship shall be Pattern, Sparring, Self-Defense Routine and Power Breaking.

Article 37. Divisions

- 37.1 For Junior Championship
 - 37.1.1 Individual Event (male/female)
 - Pattern: 1st, 2nd and 3rd degree
 - Sparring: 7 weight divisions
 - Special Technique: (open)
 - 37.1.2 Team Event (male/female)
 - Pattern
 - Sparring
 - Self-Defense Routine
 - Special Technique
- 37.2 For Adult Championship
 - 37.2.1 Individual Event (male/female)
 - Pattern: 1st, 2nd, 3rd and 4th degree

- Sparring: 7 weight divisions
- Special Technique: (open)
- Power Breaking: (open)

37.2.2 Team Event (male/female)

- Pattern
- Sparring
- Self-Defense Routine
- Special Technique
- Power Breaking

37.3 For Veteran Championship

37.3.1 Individual Event (male/female)

Divisions: Silver class (40-49 years old)

Gold class(50-59 years old)

Platinum class (60 years old and above)

- Pattern: 1st, 2nd, 3rd,4th, 5th and 6th degree
- Sparring: 5 weight divisions (**excluding Platinum class**)
- Power Breaking: (open) (**excluding Platinum class**)

37.3.2 Team Event (male/female)

One team from each country can enter.

- Pattern
- Sparring (**excluding Platinum class**)
- Self-Defense Routine
- Power Breaking (**excluding Platinum class**)

Article 38. Participation

38.1 Individual Event

38.1.1 In Junior and Adult Championships the number of competitors for individual event is restricted to one (1) person per country per item.

- 38.1.2 In Veteran Championship the number of competitors for sparring according to weight division is restricted to three persons per country.
- 38.1.3 Competitors participating in individual event are allowed to participate also in team event.
- 38.2 Team Event
 - The competitor who participates in the team event can also take part in individual event.
 - 38.2.1 Junior and Adult teams shall consist in principle of five Competitors and one reserve of male and female respectively.
 - 38.2.2 Veteran team shall consist of three male and female competitors and one reserve respectively.
 - 38.2.3 Only one team from one country can participate and that team shall perform Pattern, Sparring, Special Technique and Power Breaking except for Self-Defense Routine.

Article 39. Announcements

- 39.1 An announcement will be made for each match with the name, number and country of the competitor.
- 39.2 The competitor is responsible to report to the Ring's Jury Table with his identification card.
- 39.3 If the competitor does not report to the Jury Table within half a minute after announcements, a third and final announcement will be made at an interval of half a minute. If the competitor still does not report to the Jury Table for the third time, then the competitor may be disqualified.

Article 40. EQUIPMENT CHECK

- 40.1 The Centre Referee shall check to ensure that dobok and equipments, etc. are of the officially approved types and that they are not defective.
- 40.2 If any item is found to be defective or sub-standard, it must be replaced and the Competitor has a maximum two minutes to do so.
- 40.3 If replacement is not done within two minutes, that competitor may be disqualified.

Article 41. COURTESY

Competitors must at all time bow to the Jury, Centre Referee and also to each other with command of “Taekwon” at the beginning and end of each performance or match.

SECTION 11. OFFICIAL TERMINOLOGY

- **CHA RYOT**
- **KYONG YAE**
- **JA YU T SO GI**
- **JUN BI**
- **SHI JAK**
- **HE CHYO**
- **GESOK**
- **GU MAN**
- **JU UI**
- **GAM JOM**
- **SIL KYOK**
- **HONG**
- **CHONG**
- **ILHE JON**
- **YI HE JON**
- **AM HE JON**
- **YON JANG JON**
- **DUK JOM JON**
- **SUNG**
- **JI JONG TUL**
- **SON TAEK TUL**
- **HO SIN KYONG GI**
- **TUK GI**
- **WI RYOK**
- **GAE IN JON**
- **DAN CHE JON**
- **ATTENTION**
- **BOW**
- **FREE SPARRING**
- **READY**
- **BEGIN**
- **SEPARATE**
- **CONTINUE**
- **END**
- **WARNING**
- **DEDUCTING POINTS**
- **DISQUALIFICATION**
- **RED**
- **BLUE**
- **1ST ROUND**
- **2ST ROUND**
- **3ST ROUND**
- **EXTENSION**
- **GOLD POINT BOUT**
- **WINNER**
- **DESIGNATED PATTERN**
- **OPTIONAL PATTERN**
- **SELF-DEFENSE ROUTINE**
- **SPECIAL TECHNIQUE**
- **POWER BREAKING**
- **INDIVIDUAL EVENT**
- **TEAM EVENT**

SECTION 12. AWARDS

Article 42. Junior Championship

- 42. 1 Individual Event
 - 42. 1. 1 PATTERN (male)
 - 3 gold – 3 silver – 6 bronze
 - PATTERN (female)
 - 3 gold – 3 silver – 6 bronze
 - 42. 1. 2 SPARRING (male)
 - 7 gold – 7 silver – 14 bronze
 - SPARRING (female)
 - 7 gold – 7 silver – 14 bronze
 - 42.1.3 SPECIAL TECHNIQUE (male)
 - 1 gold – 1 silver – 1 bronze
 - SPECIAL TECHNIQUE (female)
 - 1 gold – 1 silver – 1 bronze
 - 42.1.4 OVERALL CHAMPION (male) 1 trophy
 - OVERALL CHAMPION (female) 1 trophy
- 42.2 Team Event
 - 42.2.1 PATTERN (male)
 - 6 gold – 6 silver – 12 bronze
 - PATTERN (female)
 - 6 gold – 6 silver – 12 bronze
 - 42.2.2 SPARRING (male)
 - 6 gold – 6 silver – 12 bronze
 - SPARRING (female)
 - 6 gold – 6 silver – 12 bronze
 - 42.2.3 SELF-DEFENSE ROUTINE (male)
 - 4 gold – 4 silver – 4 bronze
 - SELF-DEFENSE ROUTINE (female)
 - 3 gold – 3 silver – 3 bronze
 - 42.2.4 SPECIAL TECHNIQUE (male)
 - 6 gold- 6 silver- 6 bronze
 - SPECIAL TECHNIQUE (female)
 - 6 gold - 6 silver- 6 bronze
 - 42.2.5 OVERALL CHAMPION (male) 1 trophy
 - OVERALL CHAMPION (female) 1 trophy
- 42.3 OVERALL CHAMPION OF COUNTRIES (1st place)
 - 1 trophy
- OVERALL CHAMPION OF COUNTRIES (2nd place)
 - 1 trophy

OVERALL CHAMPION OF COUNTRIES (3rd place)

1 trophy

Article 43. Adult Championship

43.1 Individual Event

43.1.1 PATTERN (male)

4 gold – 4 silver – 8 bronze

PATTERN (female)

4 gold – 4 silver – 8 bronze

43.1.2 SPARRING (male)

7 gold – 7 silver – 14 bronze

SPARRING (female)

7 gold – 7 silver – 14 bronze

43.1.3 POWER (male)

1 gold – 1 silver – 1 bronze

POWER (female)

1 gold – 1 silver – 1 bronze

43.1.4 SPECIAL TECHNIQUE (male)

1 gold – 1 silver – 1 bronze

SPECIAL TECHNIQUE (female)

1 gold – 1 silver – 1 bronze

43.1.5 OVERALL CHAMPION (male)

1 trophy

OVERALL CHAMPION (female)

1 trophy

43.2 Team

43.2.1 PATTERN (male)

6 gold – 6 silver – 12 bronze

PATTERN (female)

6 gold – 6 silver – 12 bronze

43.2.2 SPARRING (male)

6 gold – 6 silver – 12 bronze

SPARRING (female)

6 gold – 6 silver – 12 bronze

43.2.3 SELF-DEFENSE ROUTINE (male)

4 gold – 4 silver – 4 bronze

SELF-DEFENSE ROUTINE (female)

3 gold – 3 silver – 3 bronze

43.2.4 POWER (male)

6 gold – 6 silver – 6 bronze

POWER (female)

6 gold – 6 silver – 6 bronze

43.2.5 SPECIAL TECHNIQUE (male)

- 6 gold - 6 silver- 6 bronze
SPECIAL TECHNIQUE (female)
- 6 gold - 6 silver- 6 bronze
- 43.2.6 OVERALL CHAMPION (male) 1 trophy
OVERALL CHAMPION (female) 1 trophy
- 43.3 OVERALL CHAMPION OF COUNTRIES (1st place) 1 trophy
OVERALL CHAMPION OF COUNTRIES (2nd place) 1 trophy
OVERALL CHAMPION OF COUNTRIES (3rd place) 1 trophy

Article 44. Veteran Championship

44.1 Individual Event

- 44.1.1 PATTERN (male)
18 gold – 18 silver – 36 bronze
PATTERN (female)
18 gold – 18 silver – 36 bronze
- 44.1.2 SPARRING (male)
10 gold – 10 silver – 20 bronze
SPARRING (female)
10 gold – 10 silver – 20 bronze
- 44.1.3 POWER (male)
2 gold – 2 silver – 2 bronze
POWER (female)
2 gold – 2 silver – 2 bronze
- 44.1.4 HIGHEST TECHNICAL AWARD (male) 2 trophy (excluding Platinum)
HIGHEST TECHNICAL AWARD (female) 2 trophy (excluding Platinum)
- 44.1.5 MOST HONOURABLE AWARD (male) 1 trophy
MOST HONOURABLE AWARD (female) 1 trophy

44.2 Team Event

- 44.2.1 PATTERN (male)
4 gold – 4 silver – 8 bronze
PATTERN (female)
4 gold – 4 silver – 8 bronze
- 44.2.2 SPARRING (male)
4 gold – 4 silver – 8 bronze
SPARRING (female)
4 gold – 4 silver – 8 bronze
- 44.2.3 SELF-DEFENSE ROUTINE (male)
4 gold – 4 silver – 4 bronze
SELF-DEFENSE ROUTINE (female)

	3 gold – 3 silver – 3 bronze	
44.2.4	POWER (male)	
	4 gold – 4 silver – 4 bronze	
	POWER (female)	
	4 gold – 4 silver – 4 bronze	
44.2.5	OVERALL CHAMPION (male)	1
trophy		
	OVERALL CHAMPION (female)	1 trophy
44.3	OVERALL CHAMPION OF COUNTRIES (1 st place)	1 trophy
	OVERALL CHAMPION OF COUNTRIES (2 nd place)	1 trophy
	OVERALL CHAMPION OF COUNTRIES (3 rd place)	1 trophy

Article 45. Highest Technical Award, Overall Team Champion Award and Most Honorable Award

The competition of less than 3 competitors or teams shall not count for Highest Technical Award or Overall Team Champion.

- 45.1 Highest Technical Award
 - 45.1.1 Trophies will be given to the competitors with most gold medal counts awarded in individual competition.
 - 45.1.2 When the number of gold medals is even, silver and bronze medals will be counted.
 - 45.1.3 In case the number of gold, silver and bronze medals are the same, the gold, silver and bronze medals for Pattern, Sparring, Self-Defense Routine, Special Technique and Power Breaking will be counted.
- 45.2 Overall Team Champion Award

The medals gained from each item are counted as one gold medal only. The trophy shall be awarded in the same principle as in the Highest Technical Award.
- 45.3 Most Honorable Award

Trophies will be given to the oldest male and female competitors among those participating in Veteran Championship.

Article 46. Overall Winning Country

- 46.1 Trophies will be awarded to the country with the most gold medal counts gained in individual and team events. (Medals from one item in team event will count as one only.)
- 46.2 In case of the number of gold medal being the same, then the

silver and bronze medals will be counted, by which trophies will be awarded.

- 46.3 In case of the number of gold, silver and bronze medals being the same, the gold medals will be counted for Pattern, Sparring, Self-Defense Routine, Special Technique and Power Breaking. If it is still the same, silver and bronze medals will be counted.

SECTION 13. PATTERN

Article 47. The Pyramid system of Elimination will be used.

Article 48. Point Award

48.1 Individual Event

- 48.1.1 Estimating Contents are:
Technical contents, Power, Speed, Rhythm,
Balance and breath control

48.1.2 Scoring Criteria

Precision	10 points
Power	6 points
Balance	6 points
Breath control	6 points
Rhythm	6 points

48.2 Team Event

48.2.1 Estimating Contents

Team Work and Choreography
Technical contents
Power
Balance
Breath Control
Rhythm

48.2.2. Scoring Criteria

Team work (Choreography)	10 points
Technical Contents	10 points
Power	6 points
Balance	6 points
Rhythm	6 points

Article 49. Individual Pattern

Competition shall be performed by two competitors at the

same time according to their degrees.

49.1 Competitors shall perform one optional pattern according to their degree and one designated pattern (excluding the optional Pattern) selected by the Jury.

49.1.1 1st degree

Optional: KWANG-GAE to GE-BAEK,
Designated: CHON-JI to GE-BAEK.

49.1.2 2nd degree

Optional: EUI-AM to JU-CHE
Designated: CHON-JI to JU-CHE.

49.1.3 3rd degree

Optional: SAM-IL to CHOI-YONG
Designated: CHON-JI to CHOI-YONG

49.1.4 4th degree

Optional: YON-GAE to MOON-MOO
Designated: CHON-JI to MOON-MOO

49.1.5 5th degree

Optional: SO-SAN to SE-JONG
Designated: CHON-JI to SE-JONG

49.1.6 6th degree

Optional: TONG-IL
Designated: CHON-JI to SE-JONG

49.2 Deciding the winner

Jury President will decide the winner in accordance with the flag signal of five Judges.

49.2.1 When three or more Corner Referees give a decision in favor of one Competitor, then that Competitor is the winner.

49.2.2 When two Corner Referees give a decision in favor of one Competitor, one for the other and two for a draw, the Competitor who receives the two favored decisions is the winner.

49.2.3 When three or more Corner Referees say that it is a draw, it is the tied competition.

49.2.4 When two Corner Referees give a decision in favor of one Competitor, 2 for the other and 1 Corner Referee gives a draw, it is the tied competition.

49.2.5 When the competition is decided to be tied, extra performance of a pattern designated by Jury President will be repeated until the winner is decided.

Article 50. Team Event

- 50.1 Teams will perform one optional pattern and one designated pattern (excluding optional pattern) selected by Jury President in any format.
- 50.2 Optional patterns and designated patterns in team events for Junior, Adult and Veteran Championships
- 50.2.1 Junior
Optional: KWANG-GAE to CHOI-YONG
Designated: CHON-JI to GE-BAEK
- 50.2.2 Adult
Optional: KWANG –GAE to MOON-MOO
Designated: CHON-JI to GE-BAEK
- 51.2.3 Veteran
Optional: KWANG-GAE to TONG-IL
Designated: CHON-JI to GE-BAEK
- 50.3 Teams will perform alternatively. *Each team will perform the same designated pattern
- 50.4 Deciding the winner is the same as in individual pattern.

Article 51. Officials

- 1 Jury President
- 2 Jury Members
- 5 Referees
- 1 Recorder

SECTION 14. SPARRING

Article 52. Pyramid system of elimination will be used.

Article 53. Attacking Tools

- 53.1 Hand parts – fore fist, back fist, side fist, knife hand and reverse knife hand.
- 53.2 Foot parts - ball of the foot, foot sword, back heel, instep and sole.

Article 54. Target Area

- 54.1 Face and neck area at the front and sides (excluding the back).
- 54.2 Frontal area of trunk of the body from a line drawn from the

armpit vertically down to the waist on each side (excluding the back).

- 54.3 When the arm, from the elbow to the fingers, is in contact with the body, then this is regarded as part of the body, by which the opponent can therefore score points.

Article 55. Criteria for Point Award

All attacks will be valid only when they are stopped 2cm away from the target.

- 55.1 **One (1) point** will be awarded for:
- Hand attack directed to mid or high section.
 - Foot attack directed to mid section.
 - Mid air hand attack directed to mid section (both feet off the ground)
 - Perfect defense
- 55.2 **Two (2) points** will be awarded for
- Foot attack directed to high section.
 - Mid air hand attack directed to the high section. (both feet off the ground)
 - Flying foot attack directed to mid section
- 55.3 **Three (3) points** will be awarded for:
- Flying kick directed to high section.
 - Flying 180° turning kick to mid section.
- 55.4 **Four (4) points** will be awarded for:
- Flying 180° turning kick directed to high section
 - Flying 360° or more turning kick to mid section.
- 55.5 **Five (5) points** will be awarded for:
- Flying 360° or more turning kick to high section.
 - * When flying 2 or 3 hand and foot attacks are counted as points, those points shall be awarded for every technique.

Article 56. Fouls

56.1 Warnings

56.1.1 For the following offences;

- Attack to an illegal target
- Stepping completely out of the ring (both feet)
- Any part of the body, other than the feet, touching the ground
- Holding or grabbing
- Pushing

- Pretending to be injured
 - Intentionally avoiding sparring
 - Three or more consecutive punch without a valid follow up technique
 - Repeatedly pretending to have scored by raising the arm
 - Turning the back intentionally to avoid combat
 - Unnecessary speaking during competition
 - Paying no attention to the instructions of Centre Referee
- 56.1.2. One (1) point will be deducted for every 3 warnings.
- 56.1.3 No disqualification will result from 3 points deduction or more from warnings.
56. 2. Deduction of Points for serious fouls (Yellow card)
- 56.2.1 For the following offences which carry a yellow card:
- Insulting an opponent in any way.
 - Biting-scratching-clawing.
 - Attacking a fallen opponent or an unready opponent when the referee has already stopped the match.
 - Excessive contact.
 - Attacking with forehead.
- 56.2.2 In case of point deduction Centre Referee will raise a yellow card to indicate one point deducted.
56. 3 Disqualification (Red card)
- 56.3.1 For the following offences;
- Misconduct against umpires
 - Ignoring the Centre Referee's instructions.
 - Causing an opponent unable to compete as a result of heavy contact.
 - Any competitor suspected of being under influence of alcoholic beverage or drugs.
 - Receiving 3 deductions(yellow card) in the same match.
- 56.3.2 The Centre Referee will raise a red card to indicate a competitor disqualified.

Article 57. Individual Matches

57. 1 Weight Division

57.1.1 For Junior Championship

Only one competitor can enter one weight division in

one team.

- 57.1.1.1 Male
 - 45 kg
 - 51 kg
 - 57 kg
 - 63 kg
 - 69 kg
 - 75 kg
 - +75 kg

- 57.1.1.2 Female
 - 40 kg
 - 46 kg
 - 52 kg
 - 58 kg
 - 64 kg
 - 70 kg
 - +70 kg

57.1.2 For Adult Championship

Only one competitor can enter one weight division in one team.

- 57.1.2.1 Male
 - 50 kg
 - 57 kg
 - 64 kg
 - 71 kg
 - 78 kg
 - 85 kg
 - +85 kg

- 57.1.2.2 Female
 - 45 kg
 - 51 kg
 - 57 kg

- 63 kg

- 69 kg

- 75 kg

+75 kg

57.1.3 Veteran Championship

57.1.3.1 Male

- 64 kg

- 73 kg

- 80 kg

- 90 kg

+90 kg

57.1.3.2 Female

- 54 kg

- 61 kg

- 68 kg

- 75 kg

+75 kg

57.2 Duration of bout

57.2.1 For Junior and Adult competition, the elimination will

be 2 rounds of 2 minutes and 2 rounds of 2 minutes in final as well.

57.2.2 For Veteran, elimination and final bout will consist of 2 rounds of 1.5 minutes.

57.2.3 One-minute break shall be given between rounds.

57.3 Deciding the Winner

Jury President will decide according to the points awarded by the judges.

57.3.1 When three or more corner referees give a decision in favor of one Competitor, then that Competitor is the winner.

57.3.2 When two Corner Referees give a decision in favor of one Competitor, one Corner Referee for the other and one for a draw, the Competitor who receives the two

- 57.3.3 favored decisions is the winner.
- 57.3.3 When two Corner Referees give a decision in favor of one Competitor and two Corner Referees give a draw, the Competitor who receives the two favored decisions is the winner.
- 57.3.4 When three or more Corner Referees say that it is a draw, then it is the tied competition.
- 57.3.5 When two Corner Referees give a decision in favor of one competitor and two Corner Referees for other competitor, then that competition is a draw.
- 57.3.6 When one corner referee gives a decision in favor of one competitor, two Corner Referees for a draw and one for other competitor, then that competition is a draw.
- 57.3.7. When the competition is tied, 1 minute extension will follow. If this results in a further draw, the competition for the gold points will take place. The competitor with the first scored points shall be the winner with disregard to timing and the competitor with three warnings or 1 yellow card without any scored points is the loser.

Article 58. Team Matches

- 58.1 A team will be formed with disregard to competitors' degrees and weight.
- 58.2 A draw with the toss of a coin will decide which team to field in a competitor for the first bout, this process will alternate between the teams.
- 58.3 Duration of a bout
- 58.3.1 For Junior and Adult matches, each bout will be 1 round of two minutes.
- 58.3.2 For Veteran matches, each bout will be 1 rounds of 1.5 minutes.
- 58.3.3 One minute–break will be given between the rounds.
- 58.4. Deciding the winner
- 58.4.1 For the team matches it will be same as in the individual matches. (Except for a tied match)
- 58.4.2 When a team wins a bout, it receives two points and 1 point for a draw. When a team accumulates six points it will be declared the winner without further matches.
- 58.4.3 When all five bouts are finished and the result is a draw,

then each Coach will select a Competitor to spar an extra bout. The Team whose Competitor wins this bout will be the winner.

58.4.4 When extra bout results in a further draw, then extension

and bout for golden points shall take place to decide the winner as in individual matches.

58.4.5 When a team has one member short at the time of competition then the opposing team will automatically be awarded two points. When a team has two members short, then the opposing team will automatically be awarded 4 points.

Article 59. Injury

59.1 When a competitor is injured during competition, the Centre Referee must stop the match and call the Doctor. After the injured competitor is treated, the Doctor must recommend to the Centre Referee as to whether that competitor could continue to compete. The Doctor's decision is final.

59.2 Deciding the winner when the match cannot continue due to injury

59.2.1 When it is decided that the opponent is at fault for causing the injury, then the injured competitor will be declared the winner.

59.2.2 When it is decided that it is the fault of the injured competitor that caused his or her own injury, then the injured competitor's opponent will be declared the winner.

59.2.3 If two Competitors injure themselves at the same time and if both are found to be unfit to continue, the winner is the Competitor who has more scored points till that moment of stopping the match. If the Competitors are even, the Jury President will decide the winner after consultation with the Ring Council.

59.2.4 Until the decision for injured competitor has been made, the match cannot go on to the next round.

59.2.5 The competitor not accepting the doctor's decision shall be disqualified.

Article 60. Officials

- 1 Jury President

- 1-2 Jury Members
- 1 Centre Referee
- 4 Corner Referees
- 1 Timekeeper
- 1 Recorder

SECTION 15. SPECIAL TECHNIQUE

The competitors applying for the highest or longest techniques for the respective item will take the priority to perform and if the winners(1st, 2nd and 3rd place) are selected in that item, the competition will come to an end without the performances of remaining competitors.

Article 61. Divisions (Male)

- Twimyo nopi apcha busigi
- Twimyo dollyo chagi
- Twimyo bandae dollyo chagi
- Twimyo 360 yopca jirugi
- Twiyo nomo chagi

Article 62. Divisions (Female)

- Twimyo nopi apchabusigi
- Twimyo dollyo chagi
- Twimyo bandae dollyo chagi
- Twimyo 360 yopca jirugi
- Twiyo nomo chagi

Article 63. Board

63.1 Size: 30x30x1.5 cm

63.2 The referee must examine each board before each attempt.

Once a wooden board is used, it cannot be used again.

However, plastic boards may be reused.

Article 64. Scoring Criteria

64.1 There will be five Referees judging the attempt. Each

Referee will be holding a red flag and a blue flag. After each attempt, the Referees will raise a red flag for an invalid attempt, a blue flag for a valid attempt, and no flag raised by a Referee who did not see properly the attempt and therefore could not make a judgement.

64.2 In the case that there is a draw in the judgement, for example, two red flags, two blue flags and one no flag raised.

Then it is a split decision and that competitor will receive half the points counted for that attempt.

64.3 Each fully broken board will score three points per board. Each cracked or bent board will score one point.

64.4 A break is only valid when the competitor has adopted correct posture, technique, balance and correct breaking tool.

And when the competitor has touched the hurdle fallen during the flying over kick, he/she is judged as scoring nil.

Article 65. Individual Competition

65.1 Mode of Competition

65.1.1 Male and female can enter 5 items respectively.

65.1.2 Each competitor will have 1 attempt, only with 1 pre-judging of distance allowed without touching the target. The competitor will be given 30 seconds to break.
(Ready posture + pre-judging + ready posture + breaking + ready posture)

65.2 Deciding the winner

65.2.1 In each competition item, the 1st place winner(s) will be awarded 3 points, the 2nd place winner(s) will be awarded 2 points and the 3rd place winner(s) will be awarded 1 point. There may be several competitors for the same placing and all will be awarded the same amount of points.

65.2.2 When all the 5 competition items are completed, the scores of all the points awarded to each competitor

will be added up and the winner will be decided according to the highest accumulated points scored.

- 65.2.3 Only one 1st place winner, one 2nd place winner and one 3rd place winner will be chosen. In the case that there is more than one competitor having the same score, then the Jury President will choose an item by lottery for those involved to continue competition until the desired winner is decided.

Article 66. Team

66.1 Mode of Competition

66.1.1 A team will consist of five males and females respectively and one competitor from one team can enter each item only.

66.1.2 The mode of competition for all items is the same as in individual competition.

66.2 Point awards for all items shall be same as in individual competition.

66.3 Deciding the winner

66.3.1 After the attempts of a team for all items, the points gained by each competitor will be added and the 1st, 2nd and 3rd places will be decided with the same method as in individual competition.

66.3.2 In the event of tie, the same method as in individual competition will be applied.

Article 67. Officials

- 1 Jury President
- 1-2 Jury Members
- 5 Referees
- 1 Timekeeper
- 1 Recorder

SECTION 16. POWER BREAKING

The match will be engaged in order of the competitors who apply for the most numbers of boards for each item. Once the 1st, 2nd, and 3rd place are selected for each item, the competition will be closed with no attempts by the remaining competitors.

Article 68. Male Divisions

68.1 Adult;

- Ap Joomuk Jirugi
- Sonkal Taerigi
- Yopcha Jirugi
- Dollyo Chagi
- Badae Dollyo Chagi

68.2 Veteran:

- Sonkal Taerigi
- Yopcha Jirugi
- Dolmyo Chagi (180 Yopchagi)

Article 69. Female Divisions

69.1 Adult:

- Sonkal Taerigi
- Appalgub taerigi
- Yopcha Jirugi
- Dollyo Chagi
- Dolmyo Chagi(180 Yop Chagi)

69.2 Veteran:

- Sonkal Taerigi
- Yopcha Jirugi
- Dolmyo Chagi (180 Yop Chagi)

Article 70. Boards

70.1 Size; 30×30×2 (cm)

70.2 The referee must examine each board before each attempt. Attempted wooden boards cannot be used again. Plastic boards may be reused.

Article 71. Scoring Criteria

71.1 There will be five Referees judging the attempt. Each

Referee will be holding a red flag and a blue flag. After each attempt, the Referees will raise a red flag for an invalid attempt, a blue flag for a valid attempt, and no flag raised by a Referee who did not see properly the attempt and therefore could not make a judgement.

71.2 In the case that there is a draw in the judgement, for example, two red flags, two blue flags and one no flag raised.

Then it is a split decision and that competitor will receive half the points counted for that attempt.

71.3 Each broken/separated board will count as 3 points and each bent/cracked board will count as 1 point.

71.4 When the competitor has not adopted his correct posture and balance and has not used correct breaking tool in spite of board being broken, then the result is not valid.

Article 72. Individual Competition

72.1 Mode of Competition

72.1.1 Male and female can enter five items respectively.

72.1.2 The competitor can begin with one ready posture and end with a different ready posture. Prejudging is optional, if a competitor does not want to do prejudging he or she can go straight from ready stance-break-ready stance. The competitor will adopt a ready posture in the form of either a L-stance forearm guarding block posture or a sitting ready stance posture. On the command from the Referee the competitor will be allowed to make 1 prejudging, returns to ready posture, then attempt to break in one continuous movement, and returns to the ready posture upon completion of the attempt.

72.1.3 Upon the command signal, the competitor has 30 seconds to complete that item. (Ready posture + pre-judging + ready posture + break + ready posture)

72.1.4 The competitor can adjust the height of the boards before

pre-judging. The adjusting of the height is not included in the time (30 seconds) for performing for break.

72.1.4 One-step sliding or skipping with no jump is allowed, which means that one foot should keep contact on the floor at the moment of strike or kick.

72.1.6 Knife hand strike may be inwards or outwards.

72.1.7 A random eliminator may be used for qualifying purposes.

72.2. Deciding the winners

72.2.1 In every competition, points will be awarded according to the numbers of the broken boards.

72.2.2 When the competitor has completed his or her attempt on all the 5 breaking items, his or her points will be added together. The competitors will be decided as the 1st place winner, 2nd place winner and 3rd place winner by order of points.

Only one person will be chosen for the 1st, 2nd and the 3rd place. In the case that there are more than one competitor having the same number of points in the same placing, the Jury President will then choose one of

the 5 items by lottery for the competitors concerned to further compete to decide the winner.

Article 73. Team Competition

73.1 Mode of Competition

73.1.1 A competitor from one team can enter one item.

73.1.2 Mode of competition for all items is the same as in individual competition.

73.2 Point awards for items will be same as in individual competition.

73.3 Deciding the winner

73.3.1 After the competition for all items all the points gained by each competitor of a team will be added together and the 1st, 2nd and 3rd places will be decided as in the

individual competition.
In the case of two teams or more in the same medal placing, the winner will be decided as in individual competition.

Article 74. Officials

- Jury President
- 1-2 Jury Member
- 5 Referees
- 1 Time keeper
- 1 Recorder

SECTION 17. SELF-DEFENSE ROUTINE

Article 75. Qualifying system of accumulated points will be used.

- 75.1 The teams shall be divided into at least two groups or more, each group shall consist of maximum 8 teams.
- 75.2 All teams in each group will perform their routines and points will be awarded. The two teams with the highest points from each group will compete in the final round of competition.

Article 76. Divisions

- 76.1 Male (Junior and Adult)
One male vs 3 males
- 76.2 Male (Veteran)
One male vs 3 males of any age
- 76.3 Female (Junior and Adult)
One female vs 2 persons (male or female)
- 76.4 Female (Veteran)
One Female vs 2 persons of any age (male or female)
“Hero” must be the competitor of relevant degree. Others may be any competitors.

Article 77.

The “Hero” of the performance will wear the official ITF dobok, while the “attackers” will wear other clothes appropriate to their roles. The “attackers” are not allowed to wear the uniforms of other martial arts systems.

Article 78. Duration

- 78.1 For Junior and Adult Championships male competitors within minimum 40 Seconds and maximum 60 seconds.
- 78.2 For Junior and Adult Championships female competitors within minimum 30 seconds and maximum 50 seconds.
- 78.3 Veteran male and female competitors within minimum 30 seconds and maximum 50 seconds.

Article 79. Procedure of Performance

- 79.1 The “Hero” will bow to Jury President and make his ready posture and shouts “Ya!” with the Forearm Guarding Block), then the gong will sound and time will start.
- 79.2 When the “Hero” finishes his last performance and adopts his ready posture and shouts “Ya!”, the gong will sound and clock will stop. With the command signal from the “Hero”, the competitors in a line will bow to the Jury table and leave the ring.

Article 80. Compulsory techniques to be performed in Self-Defense Routine

- Minimum 1 flying foot technique with a single kick.
- Minimum 1 flying foot technique with a double or triple kick.
- Minimum 1 flying two direction kick.
- Minimum 2 dodging techniques.
- Minimum 1 releasing technique from grasp or hold.
- Minimum 1 defense technique against a weapon (knife, toy gun, chair, etc.).
- Minimum 1 double blocking technique against a double attack.
 - * For Junior and Adult Championships the techniques mentioned in Article 80 should be compulsorily performed.
 - * For Veteran Championship at least 4 techniques for male and at least 3 techniques for female among those mentioned in Article 80 should be performed.

Article 81. Criteria for Point Awards

81.1 Estimating Contents

- Technical content (Includes correct execution, power, balance, breath control and rhythm)
- Team work (Includes accuracy, timing and speed)
- Artistic beauty (Includes choreography and realism)

81.2 Scoring criteria

- | | |
|----------------------|-----------|
| · Technical contents | 10 points |
| · Team work | 10 points |
| · Artistic beauty | 10 points |

Article 82. Deciding the winner

When a team has performed, the Jury President will be presented with the score sheets from the 5 judges. He will exclude the highest score and the lowest score, and will add up the points from the 3 remaining scores.

82.1 In case there are more than two teams with the same highest points, the teams concerned will further perform and compete amongst themselves until two top teams be selected to qualify for the final.

One 1st place, one 2nd place and one 3rd place winners will be decided from the final round of competition.

In the case of two teams or more in the same medal placing, the winners will be decided according to the highest points by adding the points gained from the elimination and final. When those points are the same, extra performance will take place until a winner is decided.

Article 83. Officials

- 1 Jury President
- 1-2 Jury Members
- 5 Referees
- 1 Timekeeper
- 1 Recorder

SECTION 18. PROTEST & DECISION

The Tournament Adjudication Committee will supervise all protest procedures. The Tournament Adjudication Committee includes the Chairmen of ITF Tournament Committee, ITF Umpire Committee and ITF Technical Committee.

The Chairman of Tournament Adjudication Committee must be the Chairman of ITF Tournament Committee.

In case of absence of its Chairman the member of Tournament Adjudication Committee appointed by the ITF will act.

Article 84. Protest

- 84.1 All written protests may be submitted to the Tournament Adjudication Committee.
 - Only the Coach in charge of individual or a team can present a protest to the Jury President in his /her square.
- 84.1.2 Official protest form must be filled in and presented within 5 minutes from the end of the match.
- 84.1.3 Regulated protest fee (USD 100) must be paid when presenting the protest. (If the protest is valid, then the protest fee will be returned to the coach.)
- 84.2 Jury President must submit the protest to the Tournament Adjudication Committee and explain its details.
- 84.3 All money paid from protest and penalty during the Championship will be disbursed for the umpiring development of ITF.

Article 85. Decision

- 85.1 In order to give a correct decision the Chairman of Tournament Adjudication Committee may call anyone else to give evidence on the protest (Jury President and Centre Referee of relevant Ring, Coaches of two teams and ITF-authorized cameraman).
- 85.2 Tournament Adjudication Committee will decide whether to validate the match, or to repeat the match or to assign the victory of the match to the loser.
- 85.3 When the decision on the protest has been reached it will be informed to the parties concerned with its decision.
- 85.4 The winner cannot compete again before the decision of the Tournament Adjudication Committee.
- 85.5 Team or Individuals not accepting the decision made by the Tournament Adjudication Committee may result in having the

whole team or individual disqualified from all further events of the Championship.

Article 86. In case of withdrawal of competitors or team from individual or team matches as means of protest

86.1 They will be automatically disqualified from that event.

86.2 They will be automatically disqualified from all further events of that championship.